



date / / 2024

In Italy, the rules for participating in the official races are as follows:

- a copy of the competitive sports medical certificate for athletics (medical visit, tet of urines, electrocardiogram at rest and stress test, spirography)
- the RUNCARD https://www.runcard.com Instead of Runcard,if you are member of a regular athletic team please fill in the foreign athletic federation declaration

| Price Half Marthon | € 35 | € 40 |
|-----------------------|------------------------------|-------------------------|
| | dal 01/04/2023 al 30/04/2024 | dal 01/05/2024 all'EXPO |

Price 10 km. NON COMPETIVE € 10 until 16/05/2024

| Personal data | | | |
|--|---------------------|------------------------------|--|
| Name | | | |
| Surname | | | |
| Gender | MF | | |
| Date of birth | | | |
| Nationality | | | |
| Sport Team | | | |
| Athletic Sport Federation | Fidal/Runcard/Other | Number of Federation card | |
| Phone | | | |
| e-mail address (obligatory) | | | |
| signature | | | |
| copy of payment and schedule must be sent to : pietronardone54@gmail.com | | | |

Payment dates: Pietro Nardone Iban : IT36H 3608 10513829 2303 092339 Reason for payment : Maratonina del Mare /name